

# TENANT FOCUS

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July—September 2019



SACRAMENTO RESIDENT ADVISORY BOARD  
1725 K Street #101, Sacramento, CA

## SacRT is Moving Forward *Major Service Improvements to Bus Network Arrives September 8, 2019*

The Sacramento Regional Transit District (SacRT) is moving forward with improvements that reduce congestion and lead to economic growth. A new bus network, called SacRT Forward, launches on Sunday, September 8. Almost every bus route will be adjusted to improve frequency, scheduling and weekend service.

As part of the project, new bus stop signs will be installed at bus stops throughout SacRT's service area. The new signs not only feature a new look, but also include the bus route destination and the bus stop number on both sides of the sign.

The SacRT Street Team is out riding bus routes talking with riders about the upcoming changes and improvements. The SacRT Forward

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## Health Fair Scheduled

The SRAB board members have been busy getting participants lined up for a summer health event. Currently scheduled for Friday, July 26, 2019 at 1:30 pm.

We expect to have representatives from Paratransit, Insurance companies, Construction Trades, Family Self Sufficiency, ROSS, Odyssey Of The Mind, SMUD, Sacramento Food Bank Family Services and more.

We are combining a quick business meeting and the health fair to give each a larger audience. The reports

will be short; but, they will have a station to answer questions. Healthy snacks will be provided too!



## SacRT ... continued

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The SacRT Street Team is out riding bus routes talking with riders

outreach bus will be traveling to community events and transit centers this month. SacRT staff will provide information about the new bus network and trip planning assistance on board the outreach bus.

There are adjustments to almost every bus route making the new bus system user-friendly with more direct routes seven days a week. The new bus network improves trips to key activity centers (jobs, education, entertainment and more) throughout the region. The new bus network will have better timed buses to connect riders to light rail trains.

We've created a network that not only serves the community today, but anticipates expansion into the future. The new bus network has the potential to connect one million people to 500,000 jobs within half mile of each bus stop.

Visit [sacrt.com/forward](http://sacrt.com/forward) to view all the bus route improvements, use the SacRT Forward future trip planner to view the new routes and sign up to receive updates.



## CalFresh for People Receiving SSI

Exciting news on the approved Expansion of CalFresh to Seniors and People with Disabilities Receiving SSI starting on June 1st 2019; We will have presentations at resident committee meetings, the purpose is to communicate the exciting news and have everybody ready to apply for CalFresh during the Summer.

Please note:

SSI benefits will NOT be reduced or eliminated because of this change.

Excluded SSI members of current CalFresh households DO NOT need to apply: SSI members will be added to existing CalFresh households at the next semi-annual or annual report after implementation; or the household can make a voluntary request to add the SSI member any

time after implementation.

Most SSI recipients and couples living on their own, will be newly eligible for CalFresh. If approved, they will receive an EBT card with CalFresh food benefits loaded monthly.

- [http://www.cdss.ca.gov/Portals/9/CalFresh\\_SSI\\_Cash-Out/SSI\\_Cash-Out\\_Short-Term\\_Message\\_Partner\\_Flyer-Final.pdf?ver=2019-02-22-141304-643](http://www.cdss.ca.gov/Portals/9/CalFresh_SSI_Cash-Out/SSI_Cash-Out_Short-Term_Message_Partner_Flyer-Final.pdf?ver=2019-02-22-141304-643)

SFBFS' CalFresh team is scheduling CalFresh Application Days at many low income housing sites who would like to have the team assisting their SSI clients with their CalFresh application in June, July and August, the team is able to assist about 10-15 clients/ hour, and all attendees to the CalFresh Day receive a goodie bag and free produce.

## NCCT Northern California Construction Training, Inc. <http://www.ncct.ws/>

Looking for work? How's this sound? NCCT will help place you in a construction job as an apprentice.

Their program is open to all individuals who are willing to learn. All they ask for is your commitment to do a good job.

### **There's no program like theirs anywhere in California**

Their master Carpenter-Trainers will train you academically in the classroom. While you learn how to build a variety of assigned projects, NCCT will supply you with practical life skills and useful knowledge to succeed at any job site.

When you've proven you're ready, they will help you get started on the next step toward a career in construction – an apprenticeship in one of the many trades: Plumbers & Pipefitters, Carpenters, Plasterers, Electricians, Sheet Metal Workers, Laborers, Ironworkers, Teamsters, Drywall & Lather, Millwright, Operating Engineers, Cement Masons, Painters, Glaziers, Tile Layer & Setter, Bricklayer & Stone Mason, Roofer & Water proofer and many more - they have got former students in them all.

You'll start day one on the job as a paid apprentice. By the time you've become a journeyman or journeywoman in 2 to 5 years, you'll be able to buy a home of your own. Plus, the benefits are great and include full medical and dental for both you and your family.

It isn't easy, but it will be worth it and they are there to help guide you thru this life changing career plan.

### **Contact NCCT**

West Sacramento Office:  
1290 Carrie Street  
West Sacramento, Ca 95605

Please be sure to send mail to:  
PO Box 293585  
Sacramento, CA 95829

### **About NCCT**

Established in November 1993, Northern California Construction Training, Inc. (NCCT) is a building trade's pre-apprenticeship training program that helps prepare men and women for entry into various construction trades apprenticeship training programs. NCCT is a non-profit, community-based organization. NCCT has a general contractor's license. Their carefully selected staff of credentialed teacher-trainers is experienced in construction and is highly motivated.

During the program students receive unpaid training in the classroom as well as hands-on building experience in Construction Trades work under the supervision of a journeyman carpenter. When the student is successful in completing the training program he/she will be offered an opportunity to join the construction trades apprenticeship training program of his/her choosing; when positions are available. These apprenticeships positions start anywhere from \$14.00 to \$23.00 per hour, depending on the trade and benefits.

Many potential construction workers are not aware of the career opportunities available to them. This is especially true for women and minorities. NCCT was formed to make well-paying careers in construction available to anyone with the desire to complete the program and participate in apprenticeship training. Since their doors opened, NCCT has trained thousands of students in our adult programs, in-custody jail program,

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Employment  
training in  
the trades

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Several training  
locations in the  
area including at

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Mather Field

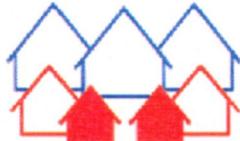
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juvenile/youth programs, probation/parolee programs and ROP high school program.

NCCT's program and curriculum

have been approved by Sacramento County Office of Education (SCOE) and are reviewed by SCOE and the NCCT Board of Directors quarterly.

NCCT is working with the SHRA's ROSS and FSS programs.

## NOTICE OF SRAB QUARTERLY MEETING

The next Sacramento Resident Advisory Board Quarterly Meeting has been set for **1:30 pm July 26, 2019** at the:  
All Seasons Café  
1725 K Street,  
Sacramento, CA  
95811

Phone: 916-443-5547  
Fax: 916-545-2166  
tenantfocus@sacrab.com  
http://www.sacrab.org

Tenant Advocates

## ARE YOU TAKING ANY MEDICATIONS?

### Pharmacogenetic (PGx) Testing:

The science that allows us to predict a response to drugs based upon an individual's genetic make-up

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- Every year 2 million people in the U.S. are hospitalized due to adverse drug reactions
- 125,000 die annually from adverse drug reactions
- 4th leading cause of death
- Prescribed drugs are only 60% effective



**FOR MORE INFORMATION CONTACT YOUR INDEPENDENT REPRESENTATIVE:  
GERALD BOOTH 916-289-4093  
GERALDBOOTH1@GMAIL.COM WWW.MEDXPRIME.COM/GBOOTH**